NMC Building, 8 Newton Street PO Box 97156, Maerua Mall, Windhoek, Namibia Tel: 061 375 950 | Fax 061 375 969 Email: mhsp@methealth.com.na

Website: www.mhnamibia.com



HIV RISK MANAGEMENT APPLICATION FORM

Post Exposure Prophylaxis (PEP)

A. Important Information: (This form must be completed by members of NMC and PSEMAS.)

- PEP treatment is a once-off, and the application form is valid for **72 hours** only.
- · PEP benefits cover medications only.
- PEP is only payable on Topaz and Topaz Plus under the following circumstances: Rape and Occupational injuries. Proof should be provided.
- The member is expected to maintain their health and should go for an HIV rapid test 3 months after treatment to rule out the window period.
- · Counselling is critical. Thus, our counsellors will contact the member after the completion of the registration process.
- · Submit all relevant and correct information documents on time to avoid delays. Please complete all sections.*
- · Signing the forms indicates that you agree with the terms and conditions of the HIV clinical management programme.
- Email completed forms and the prescription to mhsp@methealth.com.na.

*This form is subjected to renewal after 12 months.

B. Patient's Personal and Clinical Details*																				
Surname																				
First Names																				
Gender	MF	Date (of Birth:	D	D M	М	Υ	Υ	M	arital	Statu	s:	Sin	gle	Ма	rried	Divor	ced	Ch	ild
Cell Phone Number							Email Address													
City/Town Preferred Language																				
C. Medical Aid Details*																				
Medical Aid Fund: (Please tick the correct Fund) NMC PSEMAS Option:																				
Medical Aid Number: Membership/Dependant's Code:																				
D. Clinical Information																				
Nature of Incident (Please tick the appropriate) Rape Condom Burst Prick Unprotected Sexual Intercourse																				
Other Specify																				
2. Rate the Risk Acco	rding to		High	- Medium	1		I	Low												
3. Date of Incident:	D D M M Y Y																			
4. HIV Rapid Testing, compulsory Yes No If Yes, provide results																				
5. ICD10																				
6. Other Screenings	Done:	STIs			HBV	,				HSV										
7. Member Exposed	to PEP	Yes	No						Num	nber o	of Tim	es								





8. STIs Treated	Yes No	9.	Emergency Contracep	tive Provided	Yes	No						
10. Regimen Prescribed (Please tick the appropriate box based on the risk level)												
High - Medium Risk	TDF300mg /3TC300mg/DTG50mg	TAF 25mg//FTC200mg/ DTG	TLE400 (Avor	nza)	TEE600							
Low Risk	TDF300mg/FTC200mg or 3TC											
*Rape cases should be provided with pregnancy emergency contraceptive pills, tetanus toxoid and STIs syndromic management based on the guidelines and level of infections.												
I confirm that the information provided in this application form is correct, and the patient comprehends all the information regarding the treatment.												
Doctor's Full Names			Practice Number									
Doctor's Signature:			Date	D D M	M	YY						